

Est. 1983

# LUNCH MENU 

Dine In Only Until 3:00pm
Cannot Be Combined With Any Other Coupons or Discounts

## SALADS

Antipasto (GF) 16.5
Ham, Salami, Capicola, Mortadella \& Prosciutto on a bed of Romaine Lettuce, with Cucumbers, Tomatoes, Red Onions, Gardeniera, Kalamata Olives, Sicilian Olives \& Imported Provolone, with Italian Dressing

Artisan (GF) 14.5
Sautéed Bacon \& Chick Peas on a bed of Romaine Lettuce, with Cucumbers, Tomatoes \& Feta, with our Artisan Dressing
Caesar (GF) $13 \quad$ Side Caesar (GF) 7.5
Romaine Lettuce, Grated Parmesan, homemade Croutons \& Caesar Dressing

Caprese (GF) 14
Fresh Mozzarella, Grape Tomatoes \& Fresh Basil over a 5 leaf Arcadian Blend of Lettuce served with Balsamic Vinegar, EVOO \& homemade Balsamic Nectar

Portobello (GF) 13
Freshly Oven Roasted Portobello, Grape Tomatoes, Cucumbers \& Red Onions on a bed of 5 leaf Arcadian Blend Lettuce served with our homemade Balsamic Ranch Dressing

Salmon (GF) 15.5 or Steak (GF) 17
Grilled Salmon or Steak on a bed of 5 leaf Arcadian Blend Lettuce, Grape Tomatoes, Red Onions, Dried Cranberries, Imported Provolone, with Balsamic Ranch Dressing
Tuna Platter (GF) 12.5
Fresh made Tuna Salad served on a bed of Romaine Lettuce, with Cucumbers, Tomatoes, with your Choice of Dressing

Side Salad (GF) 7
Romaine, Cucumbers, Tomatoes \&
Red Onions, with your Choice of dressing
Ranch, Blue Cheese, Italian or French
Chicken 6.5 Salmon 9.5 Steak 10.5 Shrimp 13.5

WRAPS
Includes a Side Salad, Cup of Soup or Fries
Chicken Bacon 15.25
Grilled Chicken, Bacon, 5 leaf Arcadian Blend Lettuce, Tomatoes \& Balsamic Ranch Dressing

Chicken Caesar 14.5
Grilled Chicken, Romaine Lettuce, Grated Parmesan
\& Caesar Dressing
Steak 17
Grilled Strip Loin, 5 leaf Arcadian Blend Lettuce,
Tomatoes, Red Onions \& Italian Dressing
Tuna Salad 14.5
Homemade Tuna Salad, Romaine Lettuce, Tomatoes \& Onions

Prosciutto 15.5
Prosciutto, Fresh Mozzarella, Roasted Red Peppers, 5 leaf Arcadian Blend Lettuce, Tomatoes \& Italian Dressing

## HALF HEROS

Includes a Side Salad, Cup of Soup, or Fries
Our Bread is Delivered Fresh Daily from a Local Baker made exclusively for our Restaurant.
*Limited Quantity Available*
Cold Cut Heros Come Bread Toasted, Meat Cold, Lettuce, Tomato, Onion \& Italian Dressing

Ham \& Provolone or Salami \& Provolone 12.5
Ham, Salami \& Provolone 12.5
Tuna Hero 12.5
Monty's Hero 16
Chicken or Eggplant Parmigiana 14
Meatball or Sausage Parmigiana 14
Mild or Spicy Sausage \& Peppers 14

# PIZZA 

Medium
14" Cheese 14.5
$14^{\prime \prime}$ Meat 20
14" Veggie 19.5
14" White 17
14" Monty's Special 21.5 16" Monty's Special 24.5
SICILIAN DEEP DISH 12" $\times 16$ " 21
Takes 30 Minutes to Bake
Toppings 2 Each On Half 1
Pepperoni-Sausage - Ground Beef - Ham - Onion Mushrooms - Green Peppers - Black Olives - Feta Jalapenos - Spinach - Broccoli - Pineapple - Garlic

Anchovies - Banana Peppers - Pepperoncini
Specialty Toppings 2.50 Each On Half 1.25
Bacon - Artichokes - Eggplant - Green Olives
Roasted Red Peppers - Ricotta
9" GLUTEN FREE PIZZA 12
Toppings 75 Each
STROMBOLI 14
Includes Pepperoni, Sausage, Mushroom, Onions \& Mozzarella
Additional Toppings .75 Each
CALZONE13
Additional Toppings . 75 Each
SLICE CHEESE PIZZA 2.5
Additional Toppings . 50 Each
SOUPS
Cup 5.5 Bowl 9
Minestrone Mixed Vegetable Tomato Base
Pasta Fagioli White Beans, Bacon \& Prosciutto
Italian Wedding Carrots, Mini Meatballs \& Escarole
Soup \& Salad Combo 15
Bowl of Soup \& Side Salad

GLUTEN FREE ITEMS AVAILABLE
*(GF) indicates the meal is GLUTEN FREE or can be prepared GF BY REQUEST*
(Gluten Free Pasta Additional 2)

## LUNCH PORTION PASTAS

Includes a Side Salad or Cup of Soup \&
Our Homemade Bread With Dipping Oil
Spaghetti, Linguini, Angel Hair, Ziti Gluten Free Penne 2

Tomato (GF) or Marinara Sauce (GF) 12
Marinara Light Chunky Sauce No Meat
Tomato Thick Smooth Sauce slowly cooked down With Meat
Over your Choice of Pasta
Meatball, Meat Sauce (GF) or Sausage (GF) 15 Served Over Pasta

Red or White Clam Sauce (GF) 16.5 Served Over Pasta

Fettuccine Alfredo 15
Egg-nest Fettuccine Pasta in our homemade Creamy Alfredo Sauce

Broccoli \& Pasta (GF) 12.5
Broccoli Sautéed in a light Garlic Butter Sauce
Over your Choice of Pasta
Eggplant Parmigiana 15.5
Includes Side of Pasta
Chicken Parmigiana 16
Includes Side of Pasta
Baked Ziti (GF) 14
Our lighter version tossed in Grated Cheese \&
Tomato Sauce covered with Mozzarella
Cheese Stuffed Shells 13.5
Cheese \& Spinach 15
Cheese \& Ground Beef 15
Ziti Alla Vodka Sauce (GF) 16
Our homemade Vodka Tomato Cream Sauce with
Bacon \& Prosciutto, Simmered together for a delicious blend of flavors Tossed with Ziti
*Consuming Raw or Under Cooked Meats, Poultry, Seafood, or Eggs may Increase your risk of Food Borne Illness, especially if you have certain Medical Conditions*

PARTIES WITH 4 OR MORE SEPERATE CHECKS PAYING WITH CREDIT CARD WILL BE CHARGED A 3\% CONVENIENCE FEE

